

1# RECOGNIZING VIOLENCE

Violence can take place anywhere (within the family, at work or outside), and it can take various forms:

 **Psychological violence:** This type of violence is generally used to gain or keep control over the victim (criticism, blackmail, manipulation, false accusations, threats, online harassment, etc.). It can lead to harassment when it is repeated.

 **Verbal abuse:** name-calling, insults, sarcasm, degrading and humiliating comments, etc.

 **Physical violence:** occurs when one's acts intend or cause injury, suffering and/or domination of the victim (slapping, hitting, etc.).

 **Economic violence:** refers to the control of a person's economic resources or their exploitation (human trafficking).

 **Sexual violence:** involves forcing the victim to undergo, perform or to be confronted with sexual acts without the person's consent.

 **Theft/burglary/robbery:** with or without violence.

2# REACTING IN THE EVENT OF A THEFT FROM A CUSTOMER

My customer doesn't want to pay or doesn't pay as much as agreed.

 Write down as much **information** as possible about the customer (surname, first name, address, telephone number, physical description, etc.).

 If possible, **keep proof that you have provided a service** (written messages, voice mails, etc.).

 Or you **can take legal action** to force your customer to pay you the money he owes you.

Our pieces of advice

 Always ask your customer to pay **before** the service is rendered

 If possible, **hide the money** so that he can't get it back after the service has been rendered

 Be careful when your customer only shows you the **TWINT summary**, as this does not prove that the payment has been definitively validated

3# SEXUAL VIOLENCE

Sexual violence can involve **non-consensual penetration or attempted penetration** (anal, oral, vaginal, by fingers, penis, object, etc.), **bodily contact** (unwanted caressing, touching, kissing, etc.), or **it can occur without bodily contact** (forced viewing of porn, sexual harassment, exhibitionism, etc.).

 **No one can force you to perform a sexual act**, not your partner, not a client. **Nobody.**

 **You are the one setting the limits of your service.** You can stop the service at any time, even if sexual acts were included in the contract

 Consent **is freely given** when:

- You say "yes" to the sexual act
- You don't feel pressured by fear, threats, physical violence, etc.

Consent is **not freely given** when:

- You say "no" to the sexual act
- You feel compelled
- You are so terrified that you freeze, you become immobilized (stunned).
- Your consciousness is altered by medication, drugs, alcohol, etc.
- Your sexual partner removes or tears the condom without your consent (stealthing).

4# REACTING TO PHYSICAL AND/OR SEXUAL VIOLENCE



How to break the silence? After an assault, you may be in a state of shock. You may feel ashamed, guilty or doubtful about the reality of the attack. It's important to put into words what you have experienced. We recommend you talk about it with someone you trust, and/or with a trained professional.



Go see a doctor or go to the emergency room for a medical report.



Keep the evidence. If you can, keep your clothes in a plastic bag and avoid showering before the medical examination. These pieces of evidence will be useful if you decide to file a complaint. We recommend you to keep them even if you don't want to file a complaint, in case you change your mind.



How to protect yourself? How to get somewhere safe? You can go to the Centre **LAVI** for psychological, social and legal support. You can also apply for financial assistance for emergency accommodation if you need it



If you wish, you can file a complaint.

5# WHERE TO GO FOR HELP? Your emergency contact numbers

IN CASE OF DANGER CALL THE EMERGENCY SERVICES (144) OR THE POLICE (112 OR 117)

CENTRE LAVI

For anyone who has been the victim of a criminal offence against their person.

Bd St-Georges 72 1205 Genève
Tél. 022 320 01 02 | info@centrelavi-ge.ch
www.centrelavi-ge.ch

VIOL SECOURS

For any woman who has been sexually assaulted, aged 16 or over.

Place des Charmilles 3 - 1203 Genève
Tél. 022 345 20 20 | info@viol-secours.ch
www.viol-secours.ch

INTERDISCIPLINARY UNIT FOR MEDICINE AND VIOLENCE PREVENTION (UIMPV-HUG)

For male and female victims of sexual assault and their families, even if they have no health insurance.

Rue Gabrielle-Perret-Gentil 4 - 1211 Genève 14
Tél. 022 372 96 41

EMERGENCY DEPARTMENT DES HUG

Rue Gabrielle-Perret-Gentil 2 - 1211 Genève 14
Tél. 022 372 81 20

If you have any questions, if you need support or advice, please contact us!



HOW TO REACT, TO PROTECT YOURSELF, TO ASK FOR HELP, TO SEEK SHELTER...?

HOW TO HANDLE VIOLENCE IN SEX WORK?